

Listen to Your Heart



Tuesday, September 27, 2011 ■ 7:30 a.m. – 4:00 p.m.
Minneapolis Marriot Southwest ■ 5801 Opus Parkway in Minnetonka (Hwy 62 & 169)

CONFERENCE OVERVIEW

This conference will present information relevant to daily practice, as well as point towards trends and therapies on the horizon. Nurses taking care of complex patients in acute and chronic settings will learn about prevalent cardiovascular conditions and evolving treatment approaches. Why should you attend? To strengthen your knowledge base in order to improve patient outcomes. To increase your competence in discussing treatment options with your patients and their families. And to learn valuable prevention strategies that will benefit your patients, but also you and your loved ones.

What's New for 2011?

- Topics of interest determined with the input of 510 nurses who responded to a survey.
- Nursing perspective given focus through nurse-physician faculty pairings and case presentations.
- Breakout option in the afternoon to allow attendees to choose the most relevant session.
- Faculty and planning committee from multiple facilities and areas across Allina.

Learning Objectives

Upon completion of this conference, participants should be able to:

- Describe how psychological and spiritual practices can enhance personal resilience.
- Evaluate current and emerging treatment options for patients with atrial fibrillation.
- Describe two strategies to help prevent hospital readmissions for heart failure patients.
- Describe resources available to support persons making end-of-life decisions.
- Explain pros and cons of bare metal and drug-eluting stents.
- Identify two lifestyle changes persons with diabetes can implement to prevent complications.
- Review management strategies for patients going through ETOH withdrawal in the intensive care unit.

Target Audience

Nurses, nurse practitioners, clinical nurse specialists, cardiac rehab professionals, educators and other health care professionals interested in learning more about heart health.

Accreditation

Allina Hospitals & Clinics is accredited by the ACCME to provide continuing medical education for physicians.

Allina Learning & Development, Office of Accreditation at Allina Hospitals & Clinics designates this live educational activity for a maximum of 7.0 *AMA PRA Category 1 Credits*[™]. Physicians should only claim credit commensurate with the extent of their participation in the activity.

Continuing medical education credits are accepted by the American Nurses Credentialing Center's Commission on Accreditation (ANCC) for certification renewal if the content is applicable to the area of certification. Continuing education hours approved by the ACCME meet the ANCC-accredited continuing nursing education (CNE) criteria.

This activity has been designed to meet the Minnesota Board of Nursing continuing education requirements for 8.4 hours of credit. However, the nurse is responsible for determining whether this activity meets the requirements for acceptable continuing education.

Individuals representing other professional disciplines may submit course materials to their respective professional associations for 7.0 hours of continuing education credit.

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AGENDA

TIME	TOPIC
7:30	Welcome
7:35	Raymond Plank Keynote Lecture <i>The Chemistry of Calm: Cultivating resilience in a stress-filled world</i> Henry Emmons, MD Consulting Psychiatrist, Penny George Institute for Health and Healing
8:45	<i>Atrial Fibrillation Update: What's new in 2011</i> R. Dent Underwood, MD Electrophysiology Lab Director, United Hospital Kari Smith, RN, MSN, CNP Electrophysiology Nurse Practitioner, United Hospital
9:35	BREAK
9:50	<i>Heart Failure Readmissions in Light of Health Care Reform</i> Amin Rahmatullah, MD, FACC Director, Cardiac CT Program; Director, Heart Failure Program; Metropolitan Heart and Vascular Institute, Mercy and Unity Heart Center Ann Hayden, MSN, CNP Nurse Practitioner, United Heart & Vascular Clinic at United Hospital
10:40	<i>Advanced Care Planning: Do you really know your patient's wishes?</i> Eric W. Anderson, MD, BC-PM Medical Director, Inpatient Palliative Care and Advanced Care Planning, Allina Home and Community Services Sandy Schellinger, RN, MSN, NP-C Program Development Manager for Advance Care Planning, Allina Hospitals & Clinics
11:30	LUNCH
12:20	<i>Transcatheter Treatment of Aortic Stenosis</i> Wes R. Pedersen, MD Director, Minneapolis Heart Institute® Valve Center at Abbott Northwestern Hospital Debbi Lindgren-Clendenen, RN, MN, GNP-BC, APNP, CNP Nurse Practitioner, Minneapolis Heart Institute® Valve Center at Abbott Northwestern Hospital
1:10	<i>Taking Diabetes to Heart</i> Faith Pollock, RN, ACNS-BC, CDE Diabetes Clinical Nurse Specialist, Abbott Northwestern Hospital
2:00	BREAK
2:15	<i>Breakout Option 1: Cardiovascular Stem Cell Research and LVAD Destination Therapy Update</i> Rachel Olson, RN, MS, CCRC Research Section Manager, Minneapolis Heart Institute Foundation Kristin Sandau, PhD Associate Professor of Nursing, Bethel University <i>Breakout Option 2: Blood Management and Conservation in the Cardiac Patient</i> Joseph Thomas, BSN, RN Vice President, Program Services, Strategic Health Care Group
3:10	<i>Alcohol Withdrawal in the Cardiac Patient</i> John Tomlin, MD Intensivist, Mercy Hospital Pam Madrid, RN, MS, CCRN, CCNS Clinical Nurse Specialist – Critical Care, Mercy Hospital
4:00	<i>Closing Remarks & Adjournment</i>

For information and to register visit <http://nursing2011.eventbrite.com>.

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REGISTRATION & LOGISTICS

Online Registration

Registration is now open! All registrations will be done online with payments made by bank or credit card. For information and to register visit <http://nursing2011.eventbrite.com>.

Tuition

\$110 for Allina employees and affiliates

\$140 for general registration

Tuition fee includes educational credits, conference materials, parking and refreshments. The online registration website will accept payments by bank or credit card. Conference registrations will be capped to ensure a comfortable learning environment for attendees. Early registration is recommended.

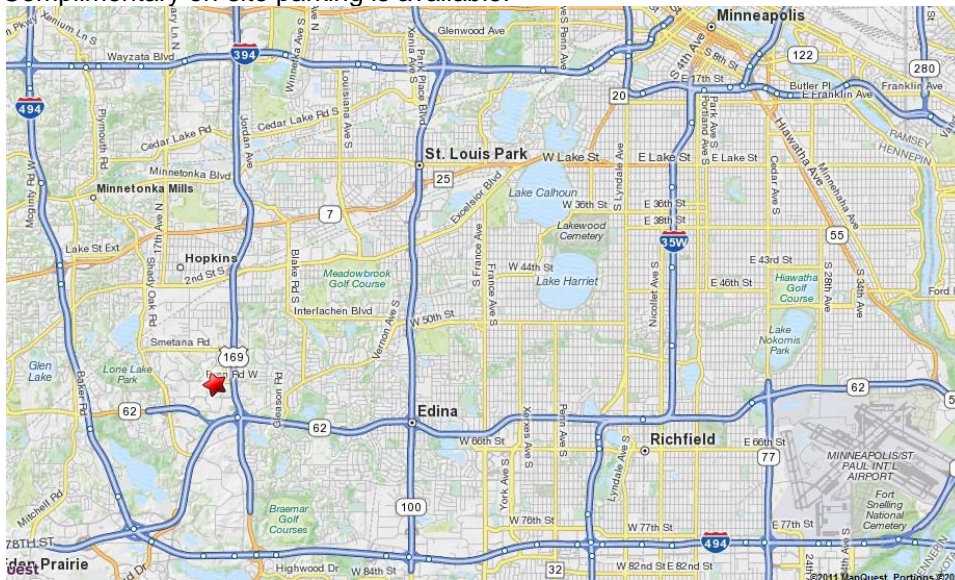
Location

Minneapolis Marriott Southwest

5801 Opus Parkway; Minnetonka, MN 55343 (near the intersection of highways 62 and 169)

Phone: (952) 935-5500

Complimentary on-site parking is available.



Cancellation and Refund Policy

Substitutions are accepted at any time. For cancellations received by Tuesday, September 21, a \$50 processing fee will be retained and the tuition balance refunded. Notices after this date will not receive a refund. To complete your cancellation or substitution call Ashley Lyle at 612-863-6236 or email alyle@mhif.org. In the unlikely event the program is cancelled, MHIF is not responsible for airfare, hotel or other costs incurred by participants.

Questions

For questions about the conference, please call Ashley Lyle at 612-863-6236 or email alyle@mhif.org.

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CONFERENCE ORGANIZERS

Planning Committee

Anita Anthony, MS, RN, CCRN, CNS-BC
Cardiovascular Clinical Nurse Specialist
Abbott Northwestern Hospital

Linda Dickey, MS, RN, CCNS
Cardiovascular Clinical Nurse Specialist
Mercy Hospital

Ann Hayden, MSN, CNP
Nurse Practitioner, United Heart and Vascular Clinic
United Hospital

J. Eva Kovacs, MBA
Professional Education Manager
Minneapolis Heart Institute Foundation

Ashley Lyle, MS
Professional Education Specialist
Minneapolis Heart Institute Foundation

Robert S. Schwartz, MD, FACC
Medical Director – Education, Minneapolis Heart Institute
Foundation
Senior Consulting Cardiologist, Minneapolis Heart
Institute® at Abbott Northwestern Hospital

Sue Sendelbach, RN, PhD, CCNS, FAHA
Clinical Nurse Researcher/ Clinical Nurse Specialist
Abbott Northwestern Hospital

Maureen Smith RN, MSN, CCNS
Clinical Nurse Specialist - Nasseff Heart Center and
Critical Care
United Hospital

Pam Triplett, MS, RN, CCRN-CMC
Cardiovascular Clinical Nurse Specialist
United Hospital

Allina Hospitals & Clinics

The cardiovascular health care providers of Allina Hospitals & Clinics view their role not just as cardiovascular health providers, but also as cardiac care educators. Each year Allina sponsors and participates in regional, national and international conferences that cover the full spectrum of cardiac care including prevention, diagnosis and state-of-the-art treatment options.

Allina Hospitals & Clinics is a not-for-profit system of hospitals, clinics and other health care services, providing care throughout Minnesota and western Wisconsin. Allina owns and operates 11 hospitals, more than 90 clinics, and health care services, including home care, hospice and palliative care, oxygen and medical equipment, pharmacies and emergency medical transportation. For more information, please visit <http://www.allina.com>.

About The Raymond Plank Keynote Lecture



Funding for the keynote presenter at this conference has been provided by Raymond Plank, who wishes to recognize the valuable role of nurses as medical professionals.

Mr. Plank is the retired founder and chairman of Apache Corporation, one of the nation's largest independent oil and gas exploration and production companies. Born and raised on a farm in Wayzata, he earned his undergraduate degree from Yale University, served as a U.S. Army bomber pilot during World War II, and returned to Minneapolis as a founding partner in an accounting services firm. In 1954 until 2009, Plank led Apache from inception to an organization with assets of more than \$19 billion.

Advised by his father to leave the world better than he found it, Plank has embodied that advice as a leader in civic, educational, business and conservation-related activities. Ucross Foundation provides artists and writers with a setting for individual creative work on a 20,000-acre ranch in Wyoming. Fund for Teachers has provided summer travel and enrichment grants to 4,000-plus elementary and high school teachers. In Egypt, where Apache is a leading oil and gas producer, about 7,000 girls are attending one-room school buildings constructed by Springboard – Educating the Future. The Raymond Plank Professorship of Global Energy Policy at Harvard's John F. Kennedy School of Government works to advance teaching and research in the fields of global energy.

Further information about the accomplishments and philanthropic pursuits of Raymond Plank can be found at www.raymondplank.com. The planning committee appreciates Mr. Plank's support for this conference.

For information and to register visit <http://nursing2011.eventbrite.com>.