



## **CLINICAL EDUCATION**

# Minneapolis Heart Institute Foundation® Cardiovascular Grand Rounds

Title: A Data-Driven Approach to Building High Performing Teams in Cardiac Care

Speaker: Brian Ferguson

CEO/Founder

Arena Labs, Nashville, TN

Date: April 25, 2022 Time: 7:00 - 8:00 AM

Location: Minneapolis Heart Institute Building, Suite 100, MHIF Learning Center

Webinar - visit www.mplsheart.org/grandrounds for login information

**OVERVIEW/PURPOSE STATEMENT:** MHIF Grand Rounds brings together physicians, advanced practice providers, nurses, care teams and research staff to share ideas and stay informed of the latest advances and best practices in cardiovascular medicine and patient care.

#### **OBJECTIVES**

At the completion of this activity, the participants should be able to:

- 1. Discuss the shortfalls of how modern healthcare overlooks human factors and performance science as a foundation for clinician flourishing.
- 2. List the roles of biomarkers and both objective + subjective data driving a clearer understanding of clinician self-awareness for higher performance.
- 3. Discuss how data-driven performance programs that mirror other high-pressure fields (Navy SEALs, Olympic athletes, creatives) can elevate team culture in cardiac care.

#### Moderator(s)/Speaker(s)

Brian Ferguson has disclosed that he DOES NOT have any financial relationships with ineligible companies that have existed WITHIN THE LAST 24 MONTHS, even if it has now ended as it relates to presenting the content in this CME activity.

#### **Planning Committee**

The following planners Jacob Cohen, Ross Garberich, Dr. Kevin Harris, Maia Hendel, Dr. Kasia Hryniewicz, Amy McMeans, Dr. Michael Miedema, Dr. JoEllyn Moore, Pamela Morley, Dr. Scott Sharkey, Dr. Robert Steffen, Dr. Xiaoyi Teng and Dr. Elizabeth Tuohy have disclosed that they DO NOT have any financial relationships with ineligible companies that have existed WITHIN THE LAST 24 MONTHS, even if it has now ended as it relates to planning the content of this CME activity. The following members have disclosed relationships: Dr. João Cavalcante – Existing: Consultant: Abbott, Edwards Lifesciences, Boston Scientific, Medtronic, WL Gore; Dr. Santiago Garcia – Prior: Research Grants and Consultant with Edwards Lifesciences, Medtronic and Boston Scientific and Research Grants with Abbott Vascular; Dr. David Hurrell– Existing: Clinical Events Committee: Boston Scientific and Jan Dick – Existing: Stock: Pfizer, Inc.

### **NON-ENDORSEMENT OF COMMERCIAL PRODUCTS AND/OR SERVICES**

We would like to thank the following company for exhibiting at our activity.

#### **Novartis Cardiovascular**

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