



Continuing Medical Education

Minneapolis Heart Institute Foundation® Cardiovascular Grand Rounds

Title: Effect of sleep-disordered breathing on cardiovascular health

Speaker: Kevin R. Grullon, MD

Director of Sleep Services, Minnesota Lung Center Pulmonary Medicine, Abbott Northwestern Hospital

Date: November 22, 2021

Time: 7:00 - 8:00 AM

Location: Minneapolis Heart Institute Building, Suite 100, Learning Center

Webinar - visit www.mplsheart.org/grandrounds for login information

OBJECTIVES

At the completion of this activity, the participants should be able to:

- 1. Outline the relationship between untreated sleep-disordered breathing and heart health.
- 2. Identify the impact of sleep apnea on a multitude of cardiovascular ailments.
- 3. Discuss how treatment of sleep-disordered breathing contributes to management of various cardiovascular conditions.

Moderator(s)/Speaker(s)

Dr. Kevin Grullon has disclosed that he DOES NOT have any real or apparent conflicts with any commercial interest as it relates to presenting the content in this activity/course.

NON-ENDORSEMENT OF COMMERCIAL PRODUCTS AND/OR SERVICES

We would like to thank the following company for exhibiting at our activity.

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