OPTIONS FOR THE NO OPTION PATIENT EVALUATION/TREATMENT OF REFRACTORY ANGINA





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Director of Programmatic and Network Development



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DISCLOSURES



Refractory Angina

- Increasing number of patients as CAD mortality decreases and population ages
- 10-12 million patients in the US with chronic angina
- 10-15% of card cath patients have myocardial ischemia with anatomy not ideal for CABG/PCI
- Chronic total occlusion, degenerated SVG, diffuse disease, poor distal targets, comorbidities and angina
- Angina in the COURAGE trial at 1 year: 42% for medical treatment vs. 34% for PCI (p<0.001)
- ISCHEMIA trial: Pts with weekly angina: Angina free at 3 months 45% vs 15%, 1 year +/- 60% vs 25%

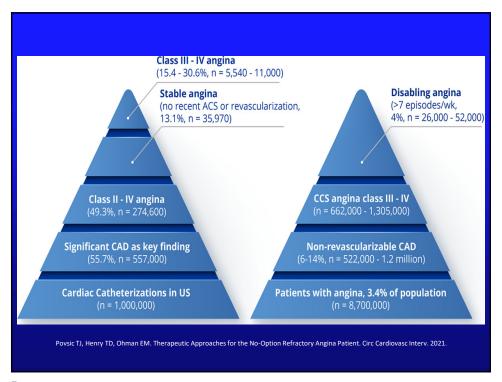
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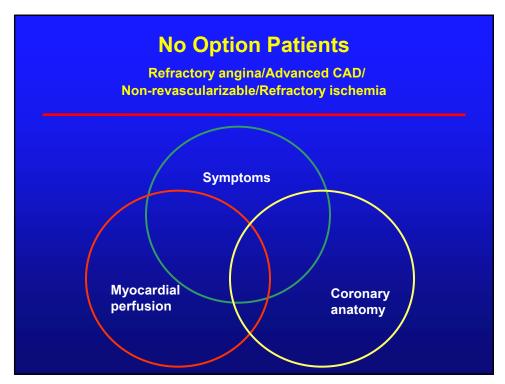
Refractory Angina Current Challenges

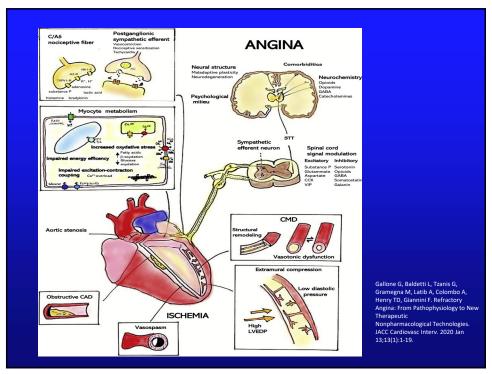
- Current terminology is confusing:
 - "No Option Patients"
 - Refractory Angina
- Refractory Ischemia
- Non-Revascularizable
- Advanced CAD
- Limited natural history data
- No large national database or registry
- ? High morbidity and mortality

Henry and Jolicoeur, Nature Reviews Cardiology 2014;11:78

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OPTIMIST PROGRAM GOALS

- A) Improve quality of care for a unique and growing subset of patients
- B) Define the long-term outcome, natural history, and predictors of adverse outcome
- C)Provide unique treatment options to these patients including clinically available and novel research approaches

Why Call it the OPTIMIST Clinic??

Would you rather send your mother to the NO-OPTION clinic?

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"No Option" Patients

- Are these patients really out there?
- Are they high risk?
- Can you stratify the risk?
- Are they always no option?

"No Option" Patients How Many?

- 500 consecutive coronary angiograms (Cleveland Clinic/Kaiser HMO 1998)
- 12% of patients: symptomatic, documented ischemia, poor revascularization candidate
- Predictors: Prior CABG, # of diseased vessels, CRF, LVEF
- 100,000 200,000 patients/year in the USA

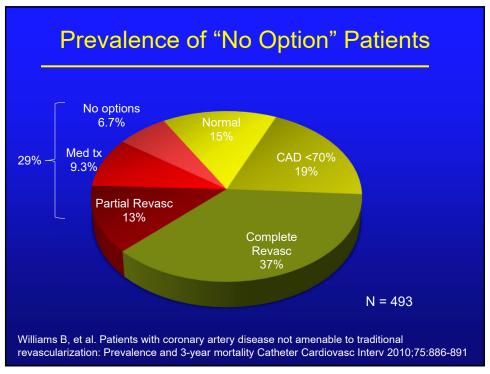
Mukherjee D, Bhatt DL, Roe MT, Patel V, Ellis SG. Direct myocardial revascularization and angiogenesis—how many patients might be eligible? Am J Cardiol. 1999; 84:598-600

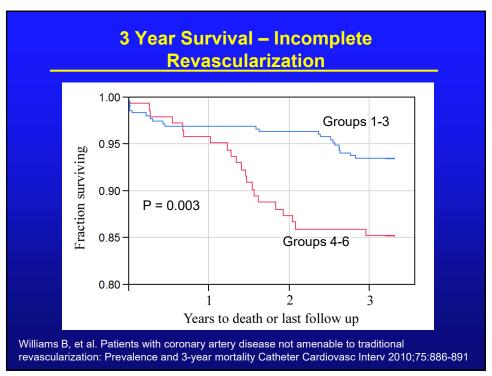
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Clinical outcome of a cohort of patients eligible for therapeutic angiogenesis or transmyocardial revascularization

Results Fifty-nine patients of the 500 studied were identified who had refractory ischemia but were not candidates for traditional revascularization. The 59 patients ineligible for traditional methods of revascularization had a rehospitalization rate of 128% (76 total hospitalizations), a 25.5% rate of myocardial infarction (15 of 59), and a mortality rate of 16.9% (10 of 59).

Conclusions The prognosis of many patients eligible for newer methods of revascularization on maximal medical therapy is poor. (Am Heart J 2001;142:72-4.)



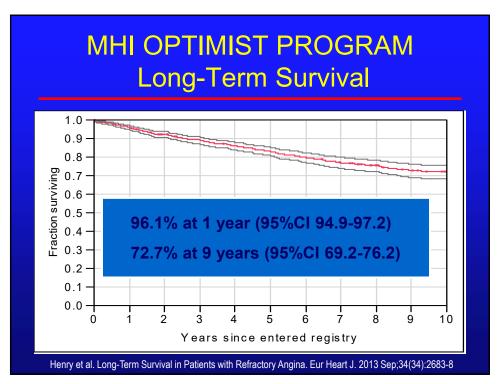


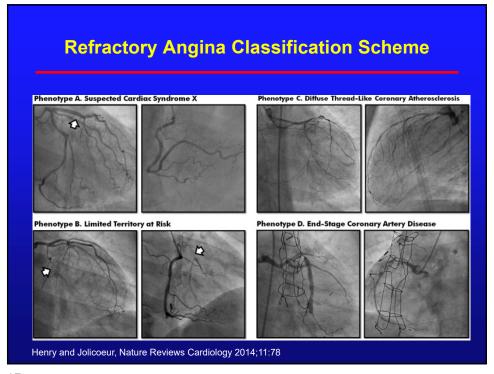
The OPTions In Myocardial Ischemic Syndrome Therapy (OPTIMIST) Program

- 1200 patients with 5.1 year f/u
 - Current smoker 10%, DM 36%, CHF 32%, Previous MI 75%, CABG 72%, PCI 74%
 - 17.4% mortality (64% cardiovascular)
 - 16% subsequent revascularization, 16% EECP, 15% angiogenic therapy (protein, gene, stem cell), TMR 3%

Henry et al. Long-Term Survival in Patients with Refractory Angina. Eur Heart J. 2013 Sep;34(34):2683-8

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Do "No Option" Patients Ever Need Revascularization?

- Despite their initial designation, the incidence of revascularization in the "No option" patient is 25.1% at a median duration of 1.6 years
 - 20.1% of Pts underwent subsequent PCI
 - 48% New lesions
 - 21% Restenosis
 - 31% Existing Lesions
- Pts requiring revascularization have an annualized mortality rate of 2 %/yr

Tradewell M, et al. Subsequent Revascularization in "No Option" Patients with Refractory Angina: Etiology and Outcome. Circulation. 2012;126

Treatment Options

- Optimal medical management, risk factor modification, revascularization options
- Angiogenesis (protein, gene, cell)
- EECP
- Neurostimulation
- Novel drugs: Ranolazine, L-arginine, Ivrabadine, Nicorandil
- TMR
- Novel interventional techniques: CTO, coronary sinus occluder, ultrasonic therapy

Henry and Jolicoeur, Nature Reviews Cardiology 2014;11:78

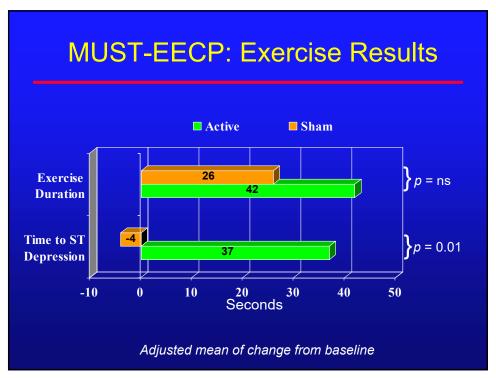
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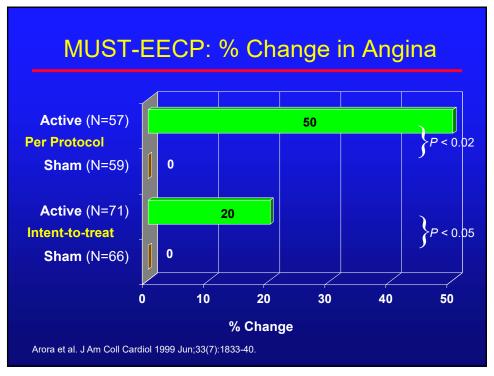
EECP

Enhanced External Counterpulsation



Series of 3 cuffs wrapped around calves, lower thighs, upper thighs and buttocks Sequential distal to proximal compression upon diastole, and Simultaneous release of pressure at end-diastole Increased diastolic pressure and retrograde aortic flow Increased venous return and... Systolic unloading, resulting in increased cardiac output





Required Treatment Regimens

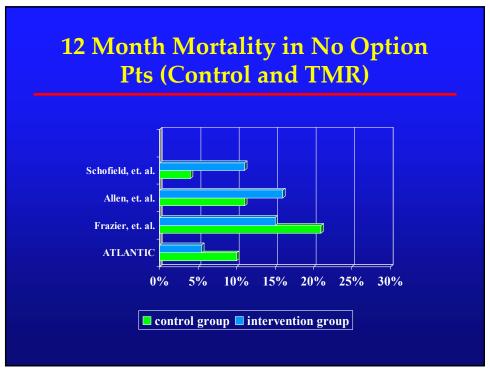
- A total of 35 hours is required
- Regimen: 1-2 hours daily
- At least 5 days per week for 4 to 7 weeks

It is recommended that <u>2 hours daily</u> treatment sessions are separated by a 30 minutes rest interval.

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TMR/PMR

- Laser revascularization
 - Laser holes in the myocardium
 - Mechanism: Angiogenesis, Denervation
 - Increase morbidity and mortality
 - DIRECT trial
 - Randomized, controlled study
 - No evidence for efficacy



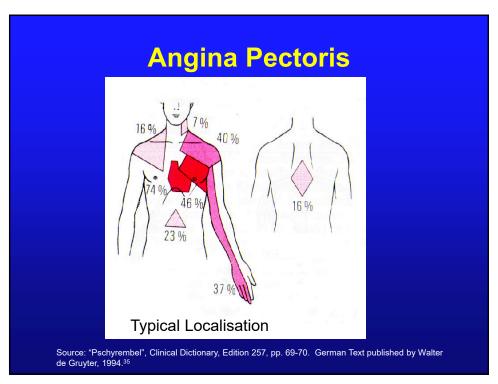


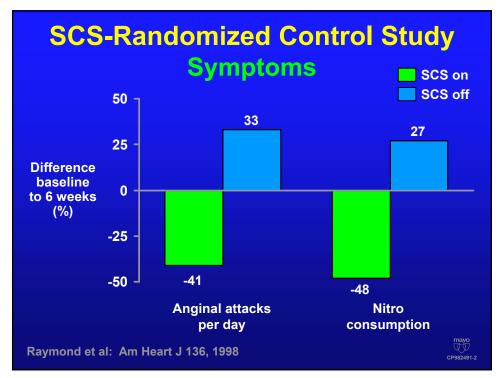
Theorized Mechanisms of Action

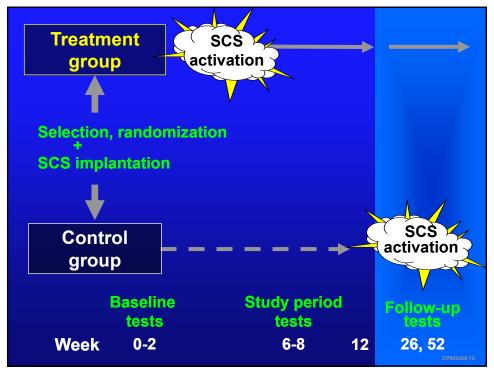
- Four mutually interacting mechanisms
 - Reduction of pain perception,
 - Decreased sympathetic tone,
 - Reduced myocardial oxygen demand,
 - Improved coronary microcirculatory blood flow (increased homogenization of myocardial blood flow)
- The interaction of these mechanisms results decreased myocardial ischemia

Latif O et al, Clin Cardiol 2001, 24: 533-41

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Promising Pharmacology

- Ranolazine
 - Mechanism of action not entirely clear
 - Antianginal without the decreased blood pressure
 - Trials not really refractory angina
- Larginine
 - Precursor to nitric oxide
 - Suggestions of decreased angina and increased exercise time
- Imbria
 - Novel agent that decreases ischemia by shifting mitochondrial metabolism towards glucose oxidation (TRIMETAZIDINE-like)

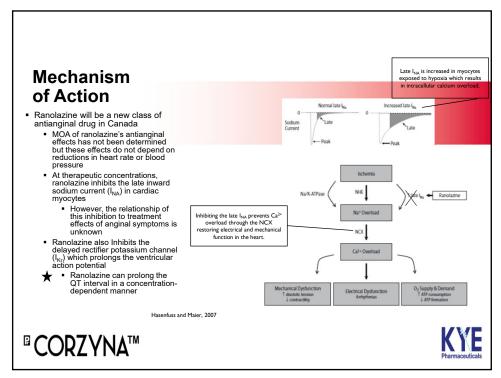
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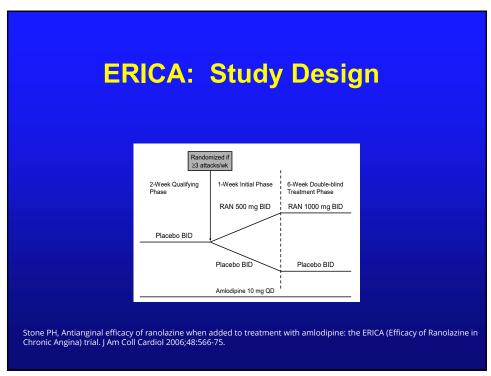
L-arginine supplementation

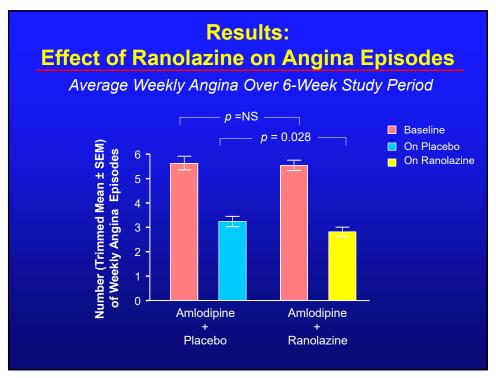
Beneficial Effects Reported in the Literature

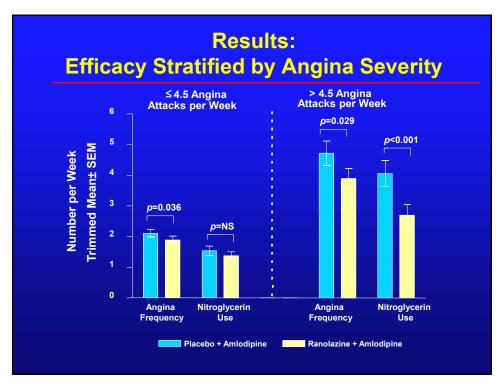
- ♠ ↑ EDNO production
- ↑ coronary blood flow in CAD
- ↓ ST segment depression in CAD
- fi work performed in CAD, claudication and heart failure
- \(\hat{\psi}\) erectile function
- ↓ pain of Raynaud's Disease
- 1 wound healing
- ↓ symptoms of cystitis
- ↓ symptoms of esophageal dysmotility

Maxwell AJ, Cooke JP. Nitric Oxide and the Cardiovascular System, 2000: 547-585









MHIF Ranolazine Refractory Angina Registry Trial

- 100 consecutive RA patients were enrolled as part of an extensive ongoing prospective RA registry
- Angina class, medications, MACE/death, myocardial infarction, and revascularization were obtained at 1, 6 and 12 months
- 57 of the 100 patients continued to use Ranolazine out to 1 year
- In the 43 patients who discontinued, reasons include: side effects (N=15), MACE (N=7), cost (N=5), ineffective (N=6), cost and ineffective (N=3), death (N=2), unknown (N=2).

Bennett NM et al. Ranolazine Refractory Angina Registry Trial: 1-Year Results. Crit Pathw Cardiol. 2014 Sep;13(3):96-8

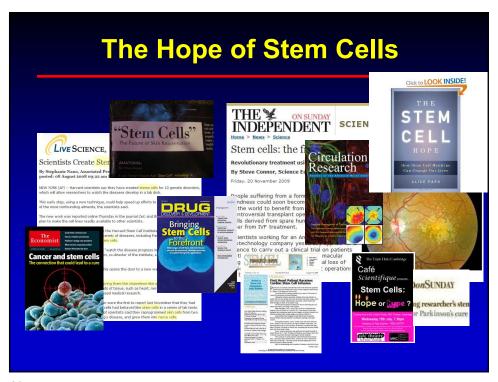
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MHIF Ranolazine Refractory Angina Registry Trial

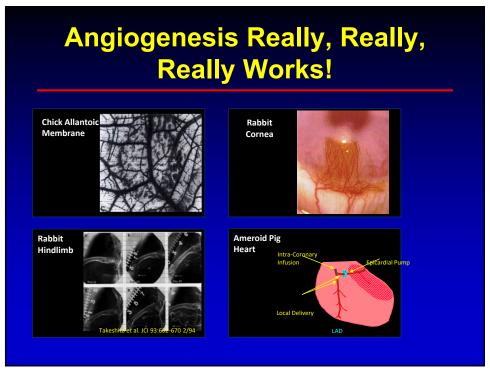
Table 1. One Year Follow-Up Information

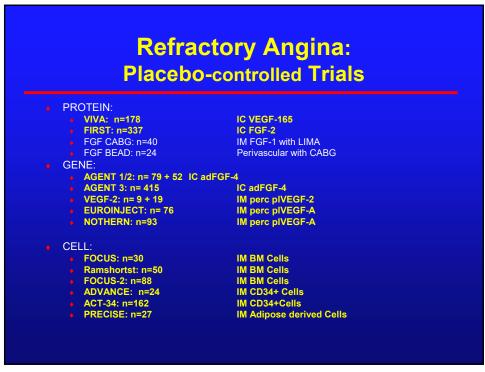
	Continued Ranolazine	Discontinued Ranolazine	P-Value
Angina Class			
Improvement			
No Change, %	3 (5.3)	20 (48.8)	
One Class, %	22 (38.6)	11 (26.8)	<0.001
Two Classes, %	26 (45.6)	9 (22.0)	\0.001
Three Classes, %	6 (10.5)	1 (2.4)	
Death, %	0 (0)	2 (5.0)	0.16
MI, %	1 (1.7)	2 (5.0)	0.57
PCI/CABG, %	9 (15.5)	14 (35.0)	0.031
Angina Hospitalization, %	19 (32.8)	13 (32.5)	1.000

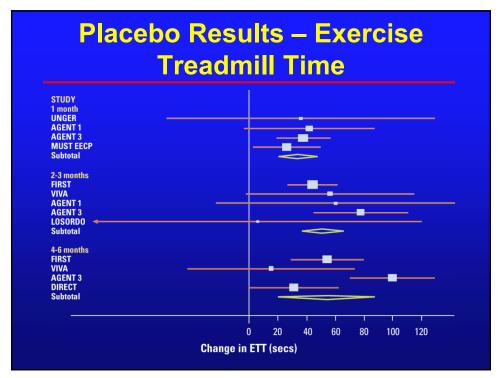
Bennett NM et al. Ranolazine Refractory Angina Registry Trial: 1-Year Results. Crit Pathw Cardiol. 2014 Sep;13(3):96-8

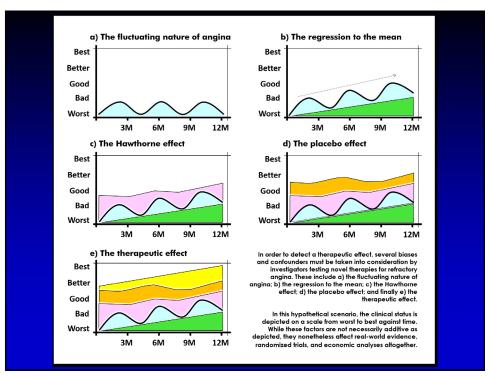


Can We Really Grow New Blood Vessels?

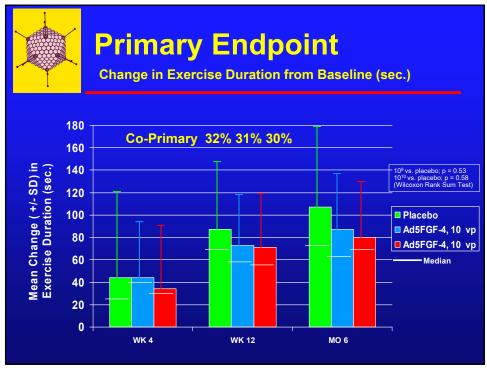


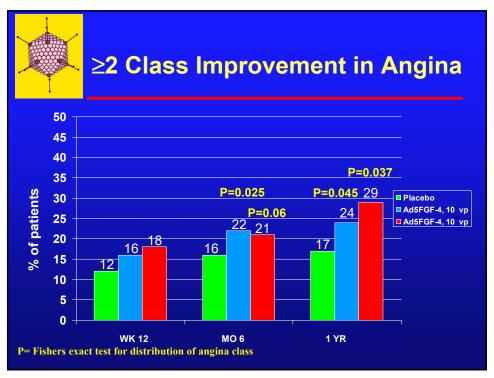




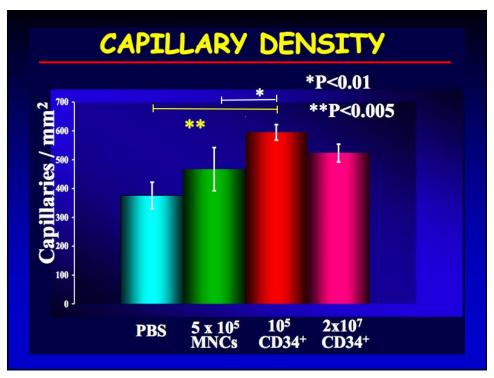


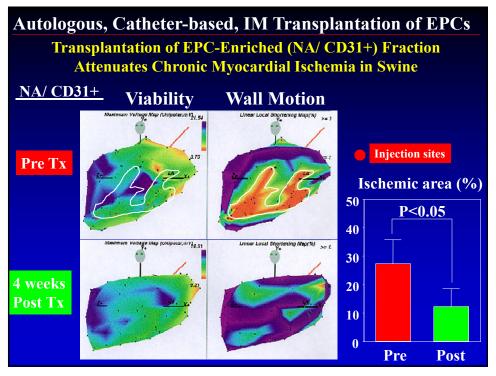


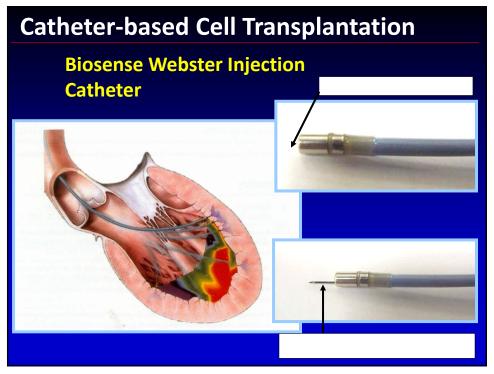


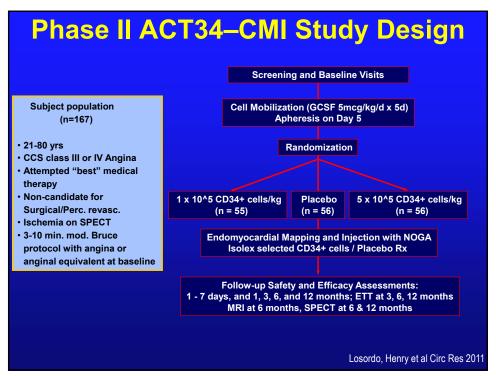


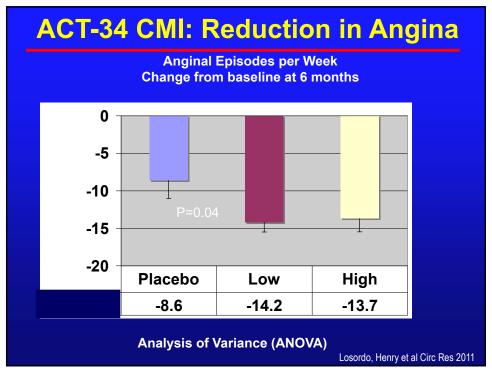


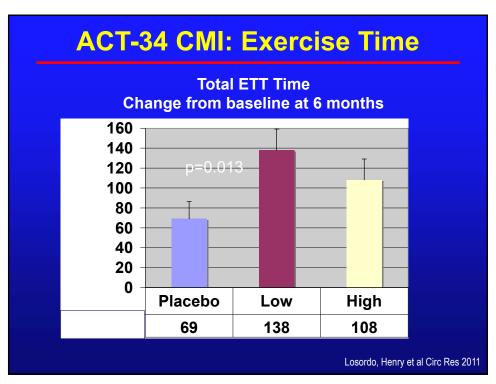




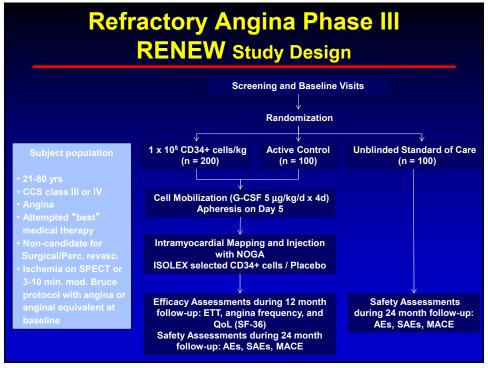


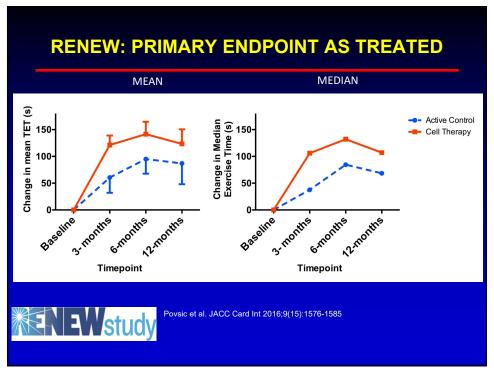


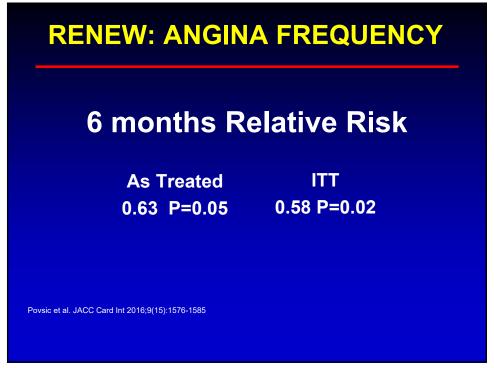


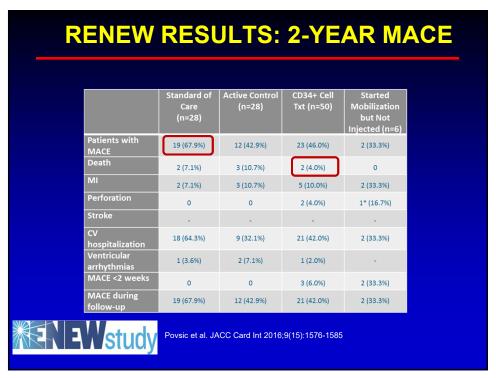


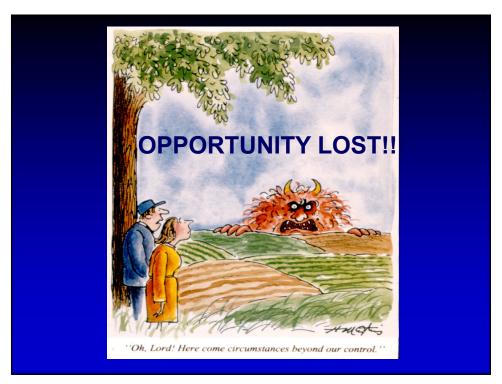
	Control	1x10 ⁵ CD34 ^{+cells} /kg	5x10 ⁵ CD34 ^{+cells} /kg	p- value*
Death	7(12.5%)	1(1.8%)	2(3.6%)	0.081
MI	10 (17.9%)	9(16.4%)	6(10.7%)	0.587
Death, MI	15(26.8%)	10(18.2%)	6(10.7%)	0.096
Death, MI, ACS Hospitalization	17(30.4%)	10(18.2%)	8(14.3%)	0.101
Death, MI, ACS or Worse CHF Hospitalization	19(33.9%)	12(21.8%)	9(16.1%)	0.078

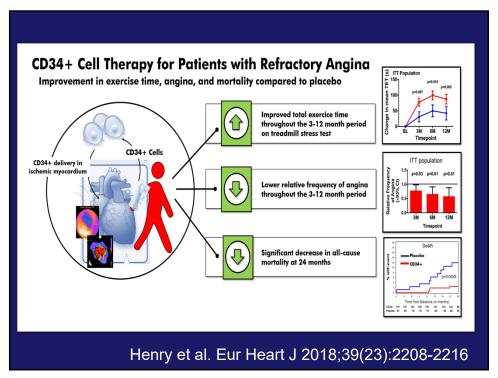












Placebo Controlled Trials which have shown improvement in Ex Time for Patients with Refractory Angina

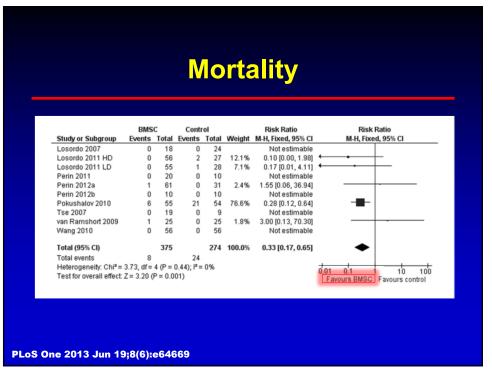
- Myocardial Angiogenesis (Protein, Gene) = 0
- **♦** EECP = 0
- **◆** TMR/PMR = 0
- Neurostimulation = 0
- ♦ Novel Drugs = 0

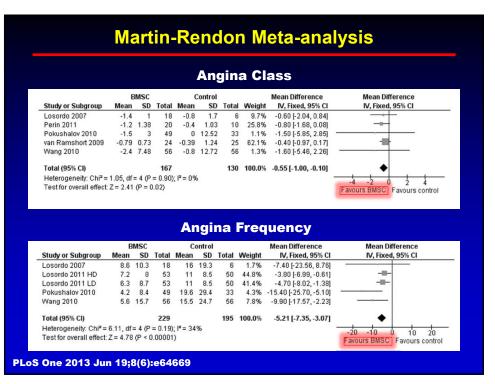


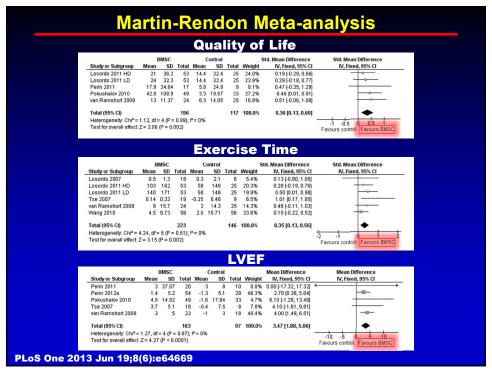
Bone Marrow Stem Cell Treatment for Ischemic Heart Disease in Patients with No Option of Revascularization: A Systematic Review and Meta-Analysis

Sheila A. Fisher 1,2 , Carolyn Dorée 1,2 , Susan J. Brunskill 1,2 , Anthony Mathur 3 , Enca Martin-Rendon $^{2,4_\pm}$

PLoS One 2013 Jun 19;8(6):e64669



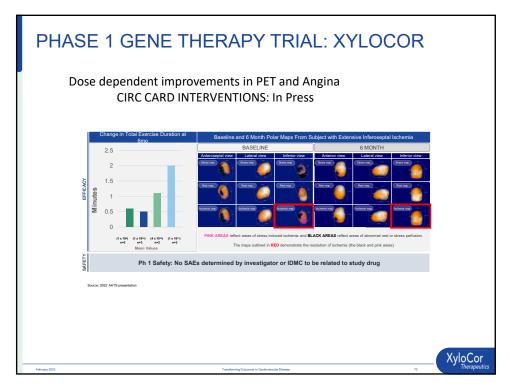


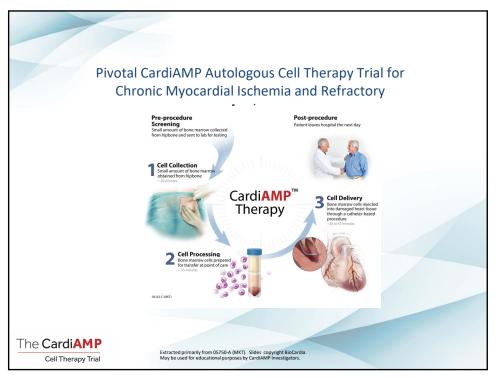


In Summary: The Case for Refractory Angina

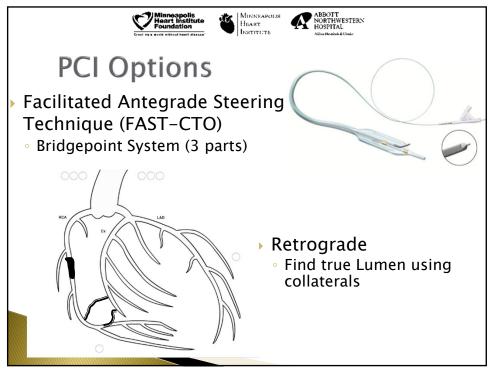
- Defined Patient Population with an unmet clinical need
- The Problem is inadequate myocardial perfusion
- CD34+ stem cell is a endothelial progenitor with well documented clinical implications
- Small and Large animal models which confirm the mechanism
- Double blind Placebo controlled Phase 1, Phase 2 and Phase 3 trials which demonstrate consistent benefit including improved exercise tolerance, reduction in angina and improvement in mortality
- Multiple metanalysis which demonstrate consistent results with other angiogenic cells
- SAFE!!!
- Limited treatment options

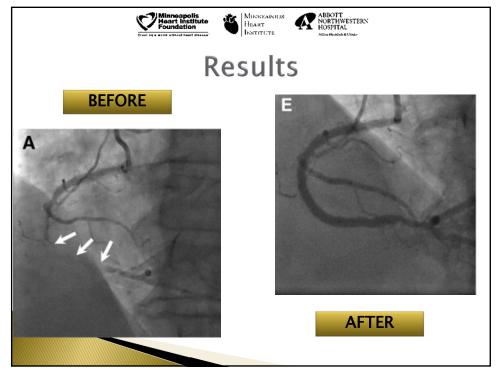


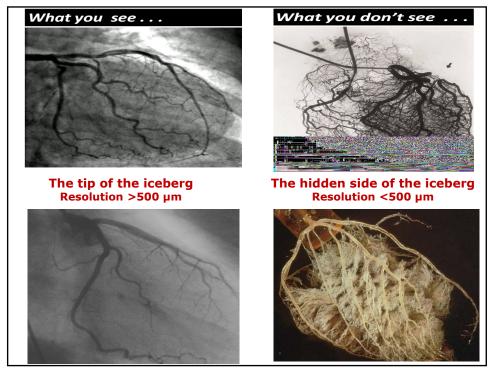


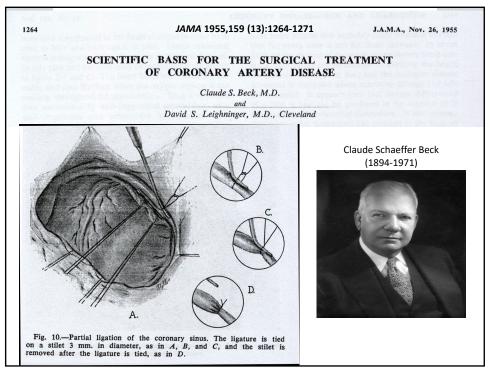


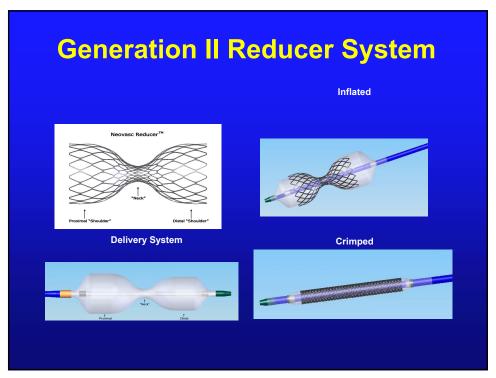


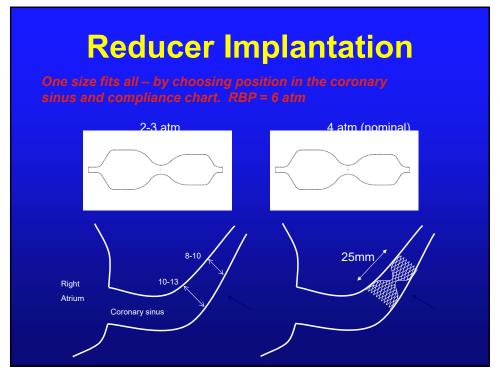


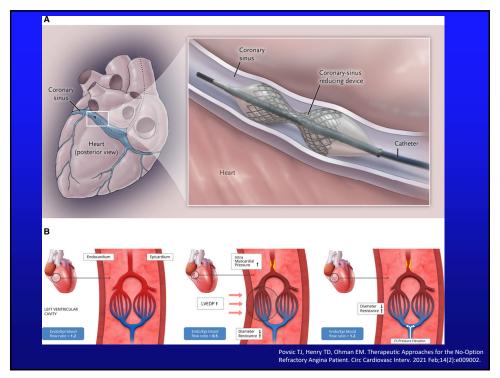


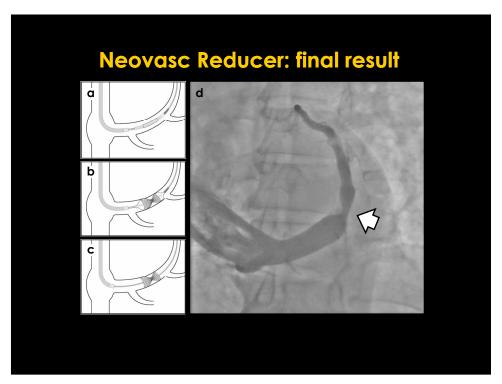










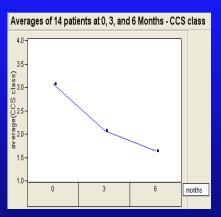


Results: efficacy Improvement in Angina score (CCS):

Average CCS: Baseline- 3.07±0.47 follow-up- 1.64±0.84

(p<0.0001, n=14)

CCS class was lower after 6 m in 12 of the 14 patients



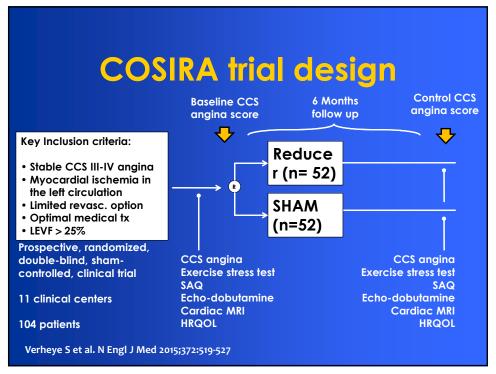
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ORIGINAL ARTICLE

Efficacy of a Device to Narrow the Coronary Sinus in Refractory Angina

Stefan Verheye, M.D., Ph.D., E. Marc Jolicœur, M.D., Miles W. Behan, M.D., Thomas Pettersson, M.D., Paul Sainsbury, M.D., Jonathan Hill, M.D., Mathias Vrolix, M.D., Pierfrancesco Agostoni, M.D., Thomas Engstrom, M.D., Marino Labinaz, M.D., Ranil de Silva, M.D., Marc Schwartz, R.C.I.S., Nathalie Meyten, M.D., Neal G. Uren, M.D., Serge Doucet, M.D., Jean-François Tanguay, M.D., Steven Lindsay, M.D., Timothy D. Henry, M.D., Christopher J. White, M.D., Elazer R. Edelman, M.D., Ph.D., and Shmuel Banai, M.D.

N Engl J Med 2015;372:519-27.



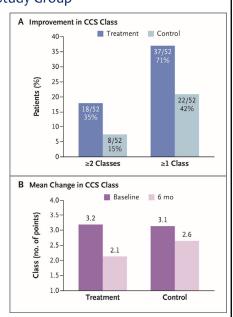
Change in Canadian Cardiovascular Society (CCS) Angina Class, According to Study Group Panel A The proportion of patients with A Improvement in CCS Class Treatment Control

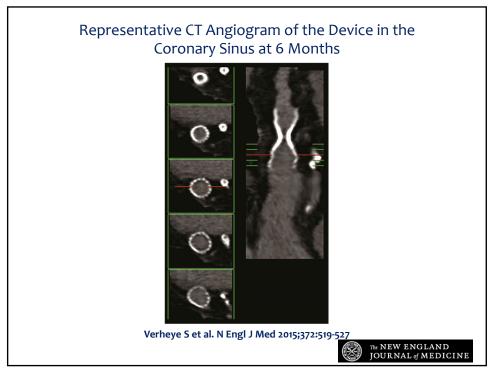
- The proportion of patients with improvement of ≥2 CCS angina classes (primary end point) was significantly higher in the Reducer group, P=0.02
- The proportion with improvement of ≥1 CCS class was significantly higher in the Reducer group, P=0.003

Panel B

 The mean (±SD) CCS class was reduced from 3.2±0.4 at baseline to 2.1±1.0 at 6 months of follow-up in the Reducer group, as compared with a reduction from 3.1±0.3 to 2.6±0.9 in the control group, P=0.001

Verheye S et al. N Engl J Med 2015;372:519-527







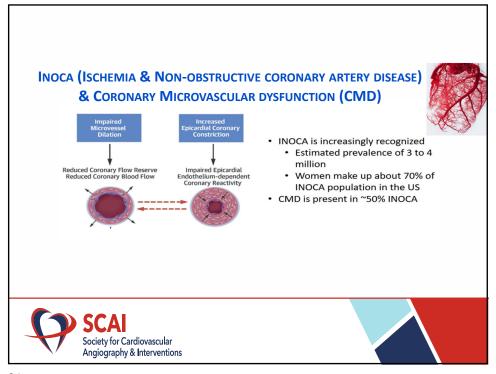
Just for the Record!

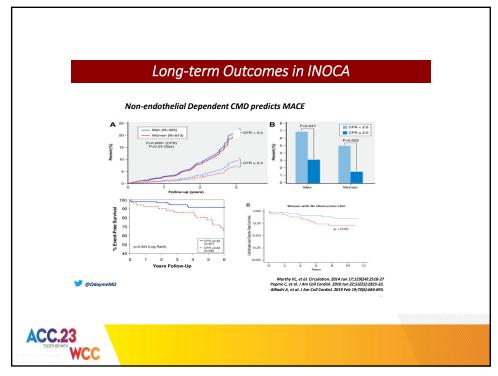
- CABG did not work!
- PCI did not work!
- Medical therapy did not work!
- TLC did not work!

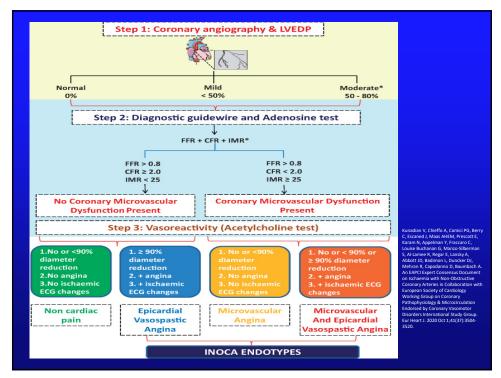
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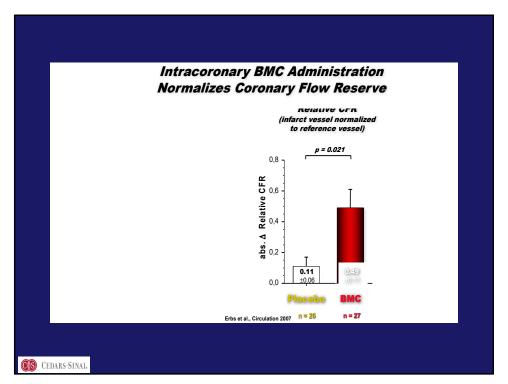
Current Trials

- Xylocor: Triple gene for VEGF
- Imbria: novel metabolic inhibiter
- Stem Cell: CD34+ and BMC Selected
- Coronary Sinus Reducer: COSIRA-2

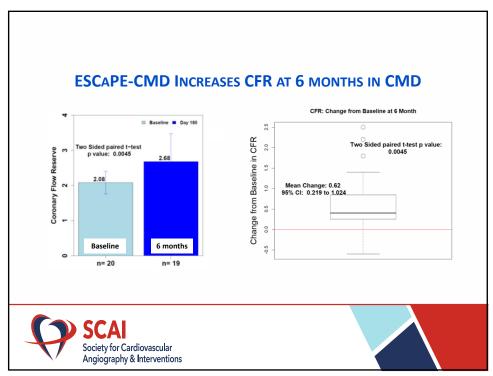


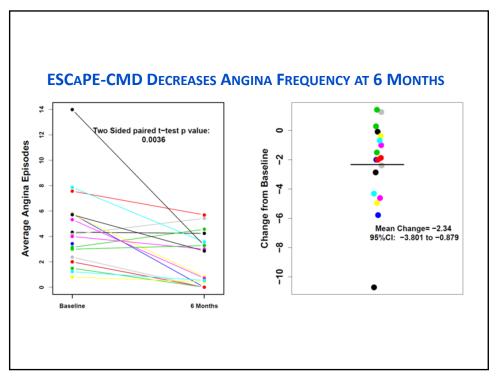


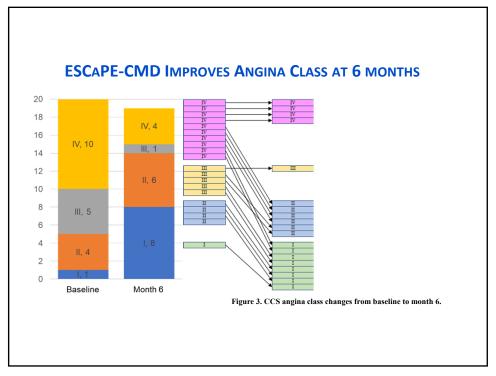


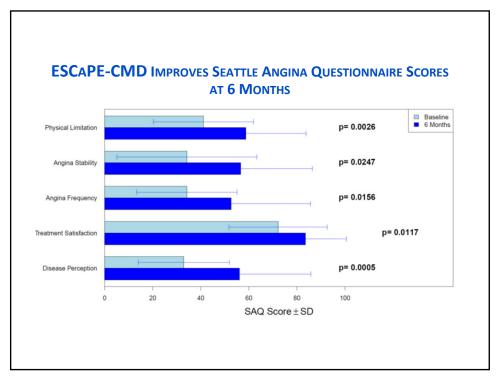


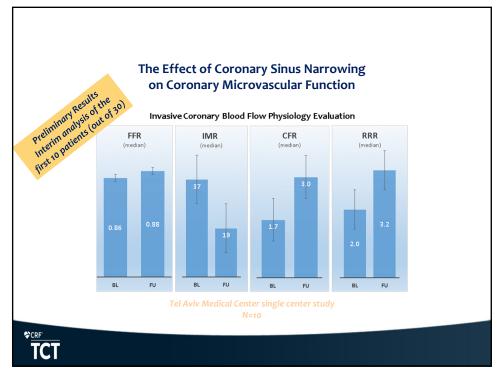


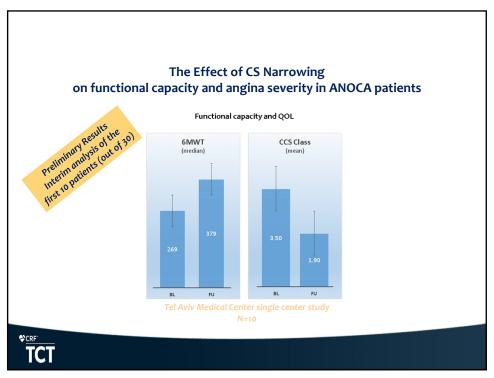












Current Microvascular AnginaTrials

- CD34+ stem cell (Phase 2)
- Imbria: novel metabolic inhibiter
- WARRIOR trial
- ?Coronary Sinus Reducer

