

Minneapolis Heart Institute Foundation Cardiovascular Grand Rounds

CloudCME ID: 3124

Text ID to: 844-939-3950 (your email must be paired)

DATE: October 19, 2026

TIME: 7:00 AM - 8:00 AM

LOCATION: MHI Building - MHIF Suite 100
Learning Center - Virtual Zoom

TOPIC(S) OR TITLE: Kevin Graham Prevention Lecture | An Embarrassment of Riches: Cardiovascular Prevention in 2026 and Beyond (VIRTUAL)

FACULTY:

Ann Marie Navar, MD, PhD, FACC, FAHA, FASPC

Preventive Cardiologist and Professor of Medicine, Division of Cardiology

Treasurer of the American Society for Preventive Cardiologist

University of Texas Southwestern Medical Center

OVERVIEW/PURPOSE STATEMENT:

Our Cardiovascular Grand Rounds offers physicians and other health care providers the opportunity to review and discuss the latest developments in cardiovascular care every Monday morning during our Grand Rounds seasons. These weekly meetings feature topics across the spectrum of cardiovascular medicine. Practitioners share research highlights, offer treatment or diagnostic best practices, and collaborate to improve care for those with cardiovascular disease.

OVERALL OBJECTIVES:

1. Demonstrate improved awareness of emerging cardiovascular clinical care standards derived from new research
2. Discuss the implications on new cardiovascular care guidelines and develop more standardized approaches to treating cardiovascular disease
3. Utilize current evidence-based guidelines to improve standards of care for individuals with cardiovascular disease

LECTURE-SPECIFIC OBJECTIVES:

1. Understand barriers to lipid lowering in clinical practice.
2. Know guideline based recommendations for lipid lowering.
3. Evaluate current and future options for cardiovascular risk reduction

DISCLOSURE POLICY AND STATEMENTS:

Allina Health, Office of Accreditation intends to provide balance, independence, objectivity, and scientific rigor in all of its educational activities and will adhere to the ACCME's Standards for Integrity and Independence in Accredited Continuing Education. The ACCME defines an ineligible company as "any entity" whose primary business is producing, marketing, re-selling, or distributing health care products/services used by or on patients. The ACCME does not consider providers of clinical service directly to patients to be commercial interests - unless the provider of clinical service is owned, or controlled by, an ACCME-defined ineligible company.

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Regularly Scheduled Series

Continuing Medical Education (CME)



Name of individual	Individual's role in activity	Nature of Relationship(s) / Name of Ineligible Company(s)
Lin Anderson, BA	Activity Coordinator	Nothing to disclose - 12/29/2025
Ross Garberich, MS, MBA	Planning Committee Member	Nothing to disclose - 06/23/2026
Kevin Harris, MD	Lead Physician/Planning Committee Lead	Nothing to disclose - 10/02/2026
Riley McGinnity, BS	Activity Coordinator	Nothing to disclose - 04/20/2026
Ann Marie Navar, MD, PhD	Faculty	Grant or research support-Heartflow, Amgen, Arrowhead Consulting Fee-Arrowhead, Eli Lilly, Merck, Amgen, New Amsterdam, Novartis, Genentech, Novo Nordisk - 10/13/2026
Cindy Resman, MS	Planning Committee Member	Nothing to disclose - 11/20/2025